

## THE BASICS

#### ROBUST AFTER SCHOOL ENRICHMENT

In partnership with Seaford UFSD, Seaford Manor PTA is proud to present the Seaford Manor After School Experience. The After School Experience offers a variety of courses designed to enrich our Arts and LIFT programs. Each student is invited to register for one course of their choice that will include 8 classes.

Classes will be held after school from 3:20-4:20pm. Students will be grouped across grade levels, with a session for grades K-2 and a session for grades 3-5. Each course has a cap of 24 students.

We ask you to rank your child's top 3 choices, based on interest and schedule. Experiences will be filled on a first come first serve basis. If your first-choice course is filled, your student will be placed in the next available course of choice.

Our coordinators will notify you of your course assignment, before classes begin.

#### **HOW TO SIGN UP**

## 1 PICK YOUR TOP3

#### PICK 3 TOPICS THAT INTEREST YOU

Select from twelve new and exciting after school courses. We have topics for everyone. Enter your Top 3 choices when you register online.

## 2 REGISTER ONLINE

#### SEAFORDMANORPTA.COM/ASE



Scan the QR code or visit **seafordmanorpta.com/ase** to register your child by Monday, October 9th.

## 3 CHECK YOUR EMAIL

#### SEAFORD.MANOR.ASE@GMAIL.COM LCJ1026@GMAIL.COM

Our Experience Coordinators will email you with your course assignment and schedule before classes begin!



SEAFORD MANOR

# AFTER SCHOOL EXPERIENCE

**ARTS & LIFT ENRICHMENT COURSES** 



## **ARTS COURSES**

## 1 VISUAL ARTS

**INSTRUCTOR: MRS. KUNZ** 

The Visual Arts Experience will give students the opportunity to explore their creative ideas and talents through projects that are an extension of the elementary arts curriculum. The artists will work to create beautiful masterpieces.

**K-2 Dates:** 10/11, 10/12, 10/17, 10/18, 10/24, 10/25, 11/1, 11/8 **3-5 Dates:** 11/9, 11/14, 11/15, 11/28, 11/29, 12/5, 12/6, 12/13

#### 2 DRAMA

#### **INSTRUCTOR: MS. EMMERSON**

The Drama experience is designed for students interested in learning more about the aspects of theater. This includes learning stage terminology, and working on acting skills. This is a wonderful opportunity for those who want to explore the world of acting.

**K-2 Dates:** 10/11, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 11/29 **3-5 Dates:** 10/12, 10/25, 11/2, 11/15, 11/27, 11/30, 12/4, 12/5

#### 3 DRUMFIT

K-2 INSTRUCTOR: MS. WILSON 3-5 INSTRUCTOR: MS. SULINSKI

The DrumFit experience will be a multi-sensory environment and encourages engagement and skill building while having fun! Practice makes progress! Drumming has positive benefits on your mental and physical health.

**K-2 Dates:** 1/3, 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/28 **3-5 Dates:** 1/4, 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/29

#### 4 NEWSPAPER

#### INSTRUCTOR: MR. MARICONDO

Our junior Journalists will get to brainstorm topics, interview community members, research, take photographs, and write informational pieces.

**K-2 Dates:** 11/14, 11/20, 11/28, 12/5, 12/12, 12/19, 1/9, 1/16 **3-5 Dates:** 11/15, 11/21, 11/29, 12/6, 12/13, 12/20, 1/10, 1/17

## 5 MURAL MAKING

#### INSTRUCTOR: GREEN EARTH CRAFT

Working with Green Earth Craft, students have room to artistically express themselves while emphasizing the importance of protecting our planet by using recycled materials in their projects. This experience will create unique murals that will be used to decorate the halls of the Manor School.

**3-5 Dates:** 10/10, 10/12, 10/17, 10/19, 10/24, 10/26, 11/9, 11/21

#### 6 PLAY PRETEND

#### **INSTRUCTOR: THINK BIG! THEATER ARTS**

A fun, creative drama class for young actors. Each class, we will explore a different Drama Word of the Day through storytelling, imaginative play, costumes and dress up, props, and art!

**K-2 Dates:** 3/21, 3/26, 4/2,4/4,4/9, 4/16, 4/18,5/2 **3-5 Dates:** 5/7, 5/9, 5/14,5/16, 5/21, 5/23, 5/28, 5/30

## LIFT COURSES

## 1 CODE-BOTICS

K-2 INSTRUCTOR: MRS. HAUG 3-5 INSTRUCTOR: MS. PLOTNICK

The coding experience will offer fun project-based activities through a flexible curriculum that adapts to students' growing skills level in computer science.

**K-2 Dates:** 11/14, 11/16, 11/21, 11/28, 12/5, 12/12, 12/14, 12/19 **3-5 Dates:** 10/11, 10/12, 10/18, 10/19, 10/23, 10/25, 11/1, 11/2

## 2 GARDENING

K-2 INSTRUCTOR: MS. PLOTNICK 3-5 INSTRUCTOR: MR. KRUEGER

The Gardening experience will provide a great way for students to learn about native and sustainable gardening.

**K-2 Dates:** 4/17, 4/18, 5/1, 5/2, 5/8, 5/9, 5/15, 5/16 **3-5 Dates:** 4/17, 4/18, 5/1, 5/2, 5/8, 5/9, 5/15, 5/16

## 3 HOOPS, SCOOPS, & SHOTS

#### **INSTRUCTOR: KIDOKINETICS**

A combination of four popular sports to create a fun learning experience with basketball, lacrosse, jai alai and hockey to learn agility, accuracy, flexibility, balance, endurance, coordination, and speed.

**K-2 Dates:** 3/7, 3/12, 3/19, 3/26, 4/9, 4/16, 5/7, 5/14 **3-5 Dates:** 3/14, 3/21, 4/4, 4/11, 4/18, 5/2, 5/9, 5/16

## 4 INTRAMURAL SPORTS

K-2 INSTRUCTOR: MRS. HAUG 3-5 INSTRUCTOR: MRS. DUNN

The Intramural Sports experience will include a variety of sports from Pickle ball to Gaga and some in between. The students will learn the rules of games, skills needed to be successful at playing and tons of opportunities to work as a team!

**K-2 Dates:** 10/10, 10/12, 10/17, 10/19, 10/24, 10/25, 11/1, 11/8 **3-5 Dates:** 1/8, 1/10, 1/17, 1/22, 1/24, 1/29,1/31, 2/5

# 5 NINJAPLAY

#### **INSTRUCTOR: KIDOKINETICS**

During NinjaPlay, kids develop skills around stability, agility, balance, jump distance and more. Every class is designed for optimal skill development and optimal FUN! Each week features a warm up, sport-specific skills and drills, free play, cool down and an age-appropriate anatomy and physiology lesson.

**K-2 Dates:** 1/4,1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/29 **3-5 Dates:** 1/9,1/16, 1/23, 1/30, 2/6, 2/13, 2/27, 3/5

## 6 STEM & MATH CAMES

#### INSTRUCTOR: MS. PAGE

The STEM experience will enrich and broaden the curriculum by giving students a chance to explore subjects like science, technology, engineering and mathematics in less formal settings. This club will be jam packed with fun engaging math games for our future scientists.

**K-2 Dates:** 1/22, 1/29, 2/5, 2/12, 2/26, 3/4, 3/11, 3/18 **3-5 Dates:** 1/25, 2/1, 2/8, 2/15, 2/29, 3/7, 3/14, 3/21